



Immigrant Eligibility for MaineCare

What is MaineCare?

MaineCare is the state's Medicaid program which provides free and low-cost health insurance to Mainers with low income to pay for health care. Some immigrants in Maine are eligible for MaineCare.

Who is eligible for full MaineCare?

Note: People with qualifying income who are under the age of 21 or who are pregnant or postpartum can get full MaineCare benefits, regardless of their immigration status.

Starting October 1, 2026:

- U.S. Citizens, regardless of their family members' immigration status
- Children and youth under the age of 21
- People who are pregnant or postpartum (up to 12 months, who had MaineCare coverage during their pregnancy)
- Lawful Permanent Residents (green card holders) who have had their green card for more than 5 years
- Lawful Permanent Residents (green card holders) who were refugees or asylees before getting their green card
- Cuban and Haitian Entrants
- People from Marshall Islands, Micronesia, and Palau living in the U.S. under a special agreement called the Compact of Free Association ("COFA migrants")

If you are not in one of the groups listed above you are not eligible for full MaineCare. You are only eligible for Emergency MaineCare.

What is Emergency MaineCare?

If you apply for MaineCare and would be eligible except for your immigration status, you will be enrolled in Emergency MaineCare.

Emergency MaineCare only pays for the health care services that are needed to treat a life-threatening health problem. Emergency MaineCare also pays for the cost of labor and delivery for childbirth but does not cover services provided outside the hospital.

If you have questions about what your MaineCare card pays for, call: MaineCare Member Services at 1-800-977-6740.

How do I apply for MaineCare?

- You can apply online at [My Maine Connection](#).
- You can apply in person at your local [Department of Health and Human Services \(DHHS\) Office](#). (Interpretation available upon request.)
- You can apply over the phone at 1-855-797-4357. (Interpretation available upon request.)
- You can [download](#) and print an application to send by mail, email or fax.
 - Mail: Office for Family Independence
114 Corn Shop Lane, Farmington, ME 04938
 - Email: Farmington.DHHS@Maine.gov
 - Fax: (207) 778-8429

What other programs can help with health care?

- [Hospital Free Care](#) programs help Mainers pay for hospital bills and vary by facility. No one can be turned away from emergency services because of their immigration status or because they can't afford to pay. If your income is under a certain level, medically necessary care must be provided for free. Request information about Free Care at any hospital in Maine.
- [MaineHealth Access to Care](#) helps people in areas served by MaineHealth to apply for health coverage, afford medications and connect to community resources. Call 207-661-550 (or toll free 1-833-MHHELP1) or write to accesstocare@mainehealth.org.
- [Maine's Community Health Centers](#) provide primary care to anyone who needs it, regardless of their insurance status or ability to pay. To find the nearest Community Health Center visit: mepca.org.
- The [Consumers for Affordable Health Care \(CAHC\) Help Line](#) (1-800-965-7476) connects you with a healthcare enrollment expert who helps you understand your options and enroll in Maine health coverage. The Help Line is free and confidential and available Monday through Friday from 8:30 am – 4:00 pm.

Where can I find more information about MaineCare and other types of health care?

Consumers for Affordable Health Care (CAHC):

<https://mainecahc.org/consumer-assistance/>

Maine Department of Health and Human Services (DHHS):

<https://www.maine.gov/dhhs/ofi/programs-services/health-care-assistance>

Where can I get help with public programs?

Maine Equal Justice (MEJ):

Online: maineequaljustice.org/contact-us/

Phone: 207-626-7058



Where can I get help with immigration concerns?

Immigrant Legal Advocacy Project (ILAP):

Online: [ILAP's Online Intake Form](#)

Phone: 207-780-1593

