MaineCare is available to children and young adults under age 21 at higher household income levels:

Children and young adults who recently lost MaineCare or who were not eligible in the past may now qualify for coverage.

- Apply online at My Maine Connection (mymaineconnection.gov) or call Maine's Consumer Assistance Program at 1-800-965-7476 for help applying.
- MaineCare is no-cost health insurance that includes dental and vision coverage.
- Children and young adults under age 21 can qualify for MaineCare at a higher family income level than parents and adults.
- In most cases, health care services provided three months before becoming eligible can be covered.
- Non-citizen children and young people, regardless of their immigration status, can have MaineCare if they meet household income guidelines.
- Children or young adults currently covered under an employer plan should not be dropped from that coverage until confirmation from MaineCare that coverage is granted.
- Young adults and children in families with higher income may qualify for help paying for health coverage through Maine’s Health Insurance Marketplace, CoverME.gov.