What is Supplemental Security Income?

Supplemental Security Income, called SSI, is a state program that gives you cash to pay for basic needs like food, clothing, and shelter. Sometimes people call this program Social Security.

Can I get SSI?

You can get SSI if you have low income AND:

- You are 65 years old or older;
- You are blind; or
- You have a disability. (Having a “disability” means you have a serious physical or mental health problem and cannot work full-time for at least 12 months.)

If you are in the United States lawfully, you can get SSI if you are elderly or disabled and have low income.

How do I get SSI?

To get help from Maine’s SSI program, you need to show you can’t get federal SSI because of your immigration status.

You will need to take these steps:

1. **Apply for SSI from Maine Department of Health and Human Services (DHHS).**
   
   You can find your local DHHS office here: [https://www.maine.gov/dhhs/ofi/offices/index.html](https://www.maine.gov/dhhs/ofi/offices/index.html) or you can call DHHS at (207) 624-4168

2. **Get a “technical denial” from the federal Social Security Administration (SSA) based on immigration status.**
   
   To schedule an appointment at your local SSA Office, call the customer service line at 1-800-772-1213 between 7:00 a.m. and 7:00 p.m. on Monday through Friday.

   You can find your local SSA office here: [https://www.ssa.gov/locator/](https://www.ssa.gov/locator/)
PLEASE NOTE: A denial from SSA should not require a disability determination.

3. Give proof of the technical denial from SSA to DHHS.

PLEASE NOTE: Your SSI benefits should start the date you first applied with DHHS.

For questions about public programs, contact:

Maine Equal Justice (MEJ)
Phone number 207-626-7058, extension 205, or go to maineequaljustice.org/about-us/contact-us/ and leave a message online

For questions about immigrant status you can contact:

Immigrant Legal Advocacy Project (ILAP)
Phone number 207-780-1593 or toll-free at 1-800-497-8505
Email address: ilap@ilapmaine.org