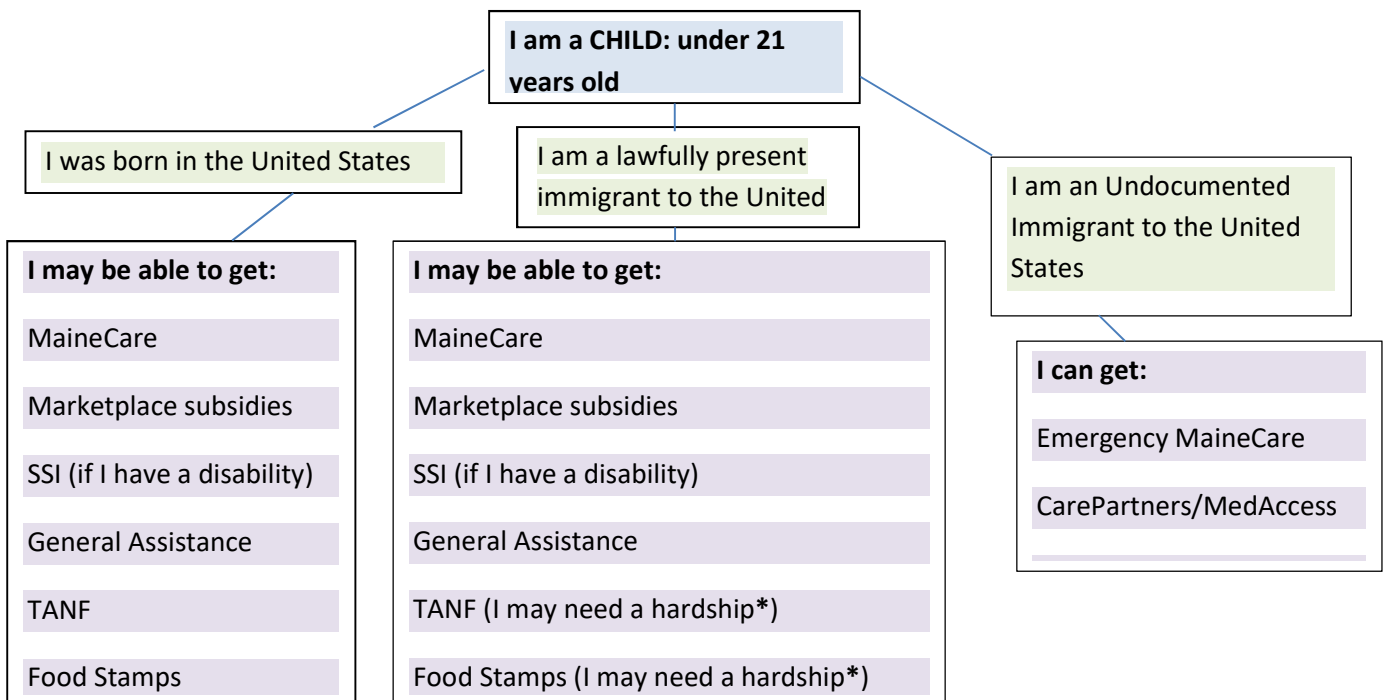
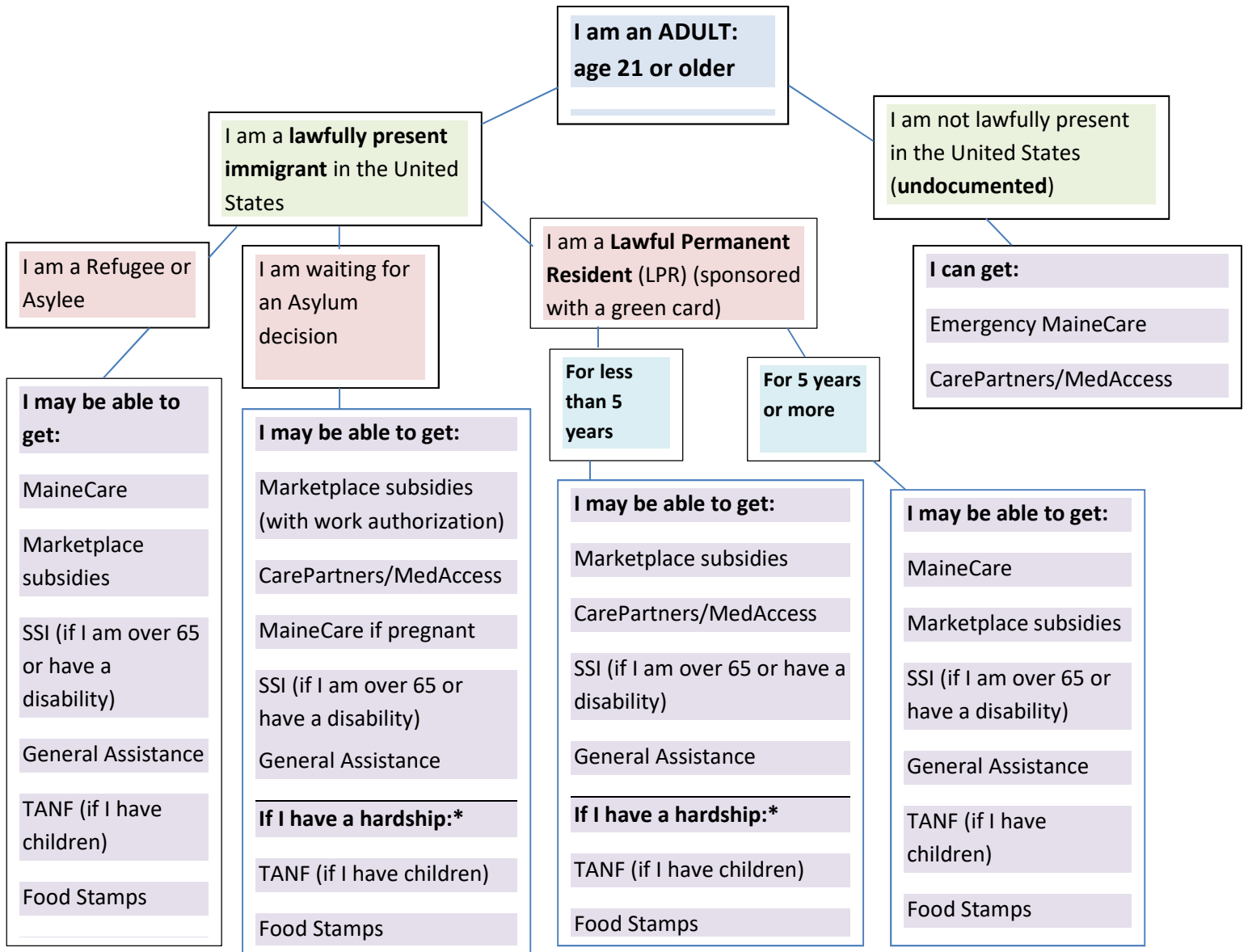



# What kind of HELP can I get to meet my basic needs?





**MaineCare** = pays for healthcare from a **doctor**  and for **medicine**.




**Emergency MaineCare** = only pays for health care **emergencies**.






**Marketplace Subsidies** = Help to pay for private insurance in the **Health Insurance Marketplace**  if you have low income.


**NO Insurance** = CarePartners gets you help from a **doctor**  and MedAccess gets you **medicine**.




**Food Stamps** = gets you a **card**  to pay for **food**.







**TANF** = gets you a **card**  to help you and your **family**  pay for **housing**  and

**heat**  and things you need for your child like **diapers**.



**Supplemental Security Income (SSI)** = gets you **money**  to help you if you are

**elderly**  OR have a **disability**. 

**General Assistance** = Your town may help pay for **housing**  and **heat** 

and other things you need like **medicine**  and **diapers** for your child.



**Hardship\*** = You may have a **hardship** if you are **elderly**  OR if you have a **disability**  OR if

you are a **domestic violence** survivor  OR if you are **waiting for work authorization** 

OR if you have work authorization, but **are not employed**.

